

lafayette choir

Mr. Ryan Marsh, Director • Mrs. Laura Howard, Vocal Instructor/Director
401 Reed Lane • Lexington, Kentucky 40503 • 859-381-3492
www.lafayettechoir.org

KMEA All-State Choir Student Forms Packet

Required Forms:

Links to online forms can be found at

www.lafayettechoir.org/ASForms

- KMEA Permission for Medical Treatment – [SUBMIT ONLINE ASAP](#)
- KMEA All-State Regulations For participation – [SUBMIT ONLINE ASAP](#)
- FCPS Parent Permission Form – [SUBMIT ONLINE ASAP](#)
- All-State Return Travel Form – [SUBMIT ONLINE](#) one week before departure
- Chorus Booster Medical Form – Due at least one week before departure
- Physician Medication Self-Admin Form – Due one week before departure

Lafayette Choir Student Conduct expectations

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OVER THE COUNTER (OTC) MEDICATIONS MUST BE AUTHORIZED BY PARENT INITIALS BELOW

Ibuprofen (Motrin, Advil) 200 mg - 1 to 2 tablets every 4 to 6 hours as needed for discomfort, no more than 6 tablets in 24 hours.

_____ yes _____ no

Acetaminophen (Tylenol Extra Strength) 500mg - 2 tablets every 6 hours as needed for discomfort, no more than 8 tablets in 24 hours.

_____ yes _____ no

Diphenhydramine (Benadryl) 25 mg - ½ to 1 tablet every 4 to 6 hours as needed for relief of allergy symptoms including itching, no more than 6 in 24 hours.

_____ yes _____ no

Antacid Calcium Rich (Tums, Rolaids) chew 2-4 tablets for symptoms, no more than 10 in 24 hours

_____ yes _____ no

Loperamide (Imodium) 2 mg chew 2 tablets after first loose stool then one after each subsequent stool not to exceed 4 tablets in 24 hours as needed for diarrhea.

_____ yes _____ no

Simethicone (Gas X) 125 mg chew 1 or 2 tablets after meals and at bedtime if needed for abdomen pain related to gas pain and pressure not to exceed 4 in 24 hours.

_____ yes _____ no

Meclizine Hydrochloride (Dramamine) 25 mg - 1 or 2 tablets as needed once a day one hour before activity that may lead to motion sickness, not to exceed 2 tablets in 24 hours.

_____ yes _____ no

I, the undersigned Parent/Guardian, hereby give my permission for _____ to take the OTC medications I have authorized above in accordance with the directions explicitly described for each medication. I understand that, in order for school personnel or authorized chaperones to administer any type of medication to my child, I must provide this completed and signed authorization form **including both my initials next to applicable blanks above and signed below**. I understand that medication will be dispensed to the student by staff or chaperones. I understand that the medicine must be brought to the school with complete instructions and in the **original** container with the Physician's order **or** pharmacy label firmly attached to the medication. I further understand that medication to be administered on a trip must be brought to school by the Parent/Guardian and that all medications and paperwork for overnight trips must be turned in at least one week prior to the trip.

I, the undersigned Parent/Guardian, request that an authorized staff member or chaperone administer the medication authorized by me on this form to my child. For prescription medications, I agree to furnish the necessary prescribed medication and agree to notify the School Nurse and Lafayette Choir medical designee immediately of any changes. I understand the Fayette County Board of Education Medication Policies and Procedures (09.2241) are readily available for me to read. I sign this voluntarily and with full knowledge of its significance. I agree to pick up any unused medication within two weeks after the trip or the medication will be destroyed.

Parent/Guardian Signature _____ **Date** _____

I, the undersigned Parent/Guardian, hereby give my permission for the Lafayette Choir or representatives on their behalf to seek medical attention for _____ in the event it is deemed advisable for his/her welfare. I give consent for a qualified physician or surgeon to examine, diagnose, prescribe and perform treatment, including surgery. If an operative procedure is recommended, I hereby consent to the administration of any anesthetic, general, local or both by a qualified anesthesiologist. If a blood transfusion is necessary, I consent to this procedure. I understand that no one connected with Lafayette High School or the Lafayette Chorus Boosters assumes liability for any injury incurred by the participant. I agree to pay all costs incurred by the participant(s) for the hospital bills, physician fees, and ambulance fee.

Parent/Guardian Signature _____ **Date** _____

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PHYSICIAN ORDER AND PARENT/GUARDIAN AUTHORIZATION FOR SELF MEDICATION ADMINISTRATION

(Please complete one form for each medication.)

Student's Name: _____	DOB: _____
Allergies: _____	
Medication: _____	Dosage: _____
Reason for medication or diagnosis: _____	
School: _____	School Year: _____

In order for students to self-administer medication at school, the Parent/Guardian shall provide this signed authorization form. Also, a Physician's Order (see box below) is required for students to self-administer medication. Please be sure to complete ALL of the information on this authorization form before returning it to school. This authorization is valid for one school year and must be renewed at the beginning of each new school year.

* It is recommended that only middle and high school students are allowed to carry and self-administer their own medication. For elementary age children, arrangements can be made to keep inhalers or emergency medications in the classroom. The student's teacher will provide monitoring for the child's safety.

PHYSICIAN'S ORDER	
1. I have examined this student for (diagnosis): _____ and have determined that he/she requires medication during school hours.	
2. Name of Medication _____	3. Dosage & Route: _____
4. I believe this student is able to carry and administer his or her own medication at the appropriate time and in the appropriate way. Please check: ____ YES ____ NO	
Physician's Signature: _____	Date: ____ / ____ / ____
Printed Name: _____	Phone: _____

PARENT/GUARDIAN STATEMENT

I, the undersigned Parent(s)/Guardian(s) of _____ give consent for ****my student to self-administer** the above medication(s). I understand the Fayette County Board of Education Medication Policies & Procedures (09.2241) are readily available for me to read. I hereby agree to release and hold the school staff free and harmless for any claims, demands, or suits for damages from any injury or complication that may result from such treatment. I have read this consent and understand all its terms. I sign it voluntarily and with full knowledge of its significance. I understand that self-administered medication is not provided by or monitored by the School Nurse or school staff.

The School Nurse reserves the right to monitor student periodically during the school year.

*** Parent / Student are responsible to have the medication available at school.**

X _____ / ____ / ____
(Parent/Guardian Signature) Date

Home Phone: _____ Work: _____ Cell: _____

Reviewed by: _____ RN Date: _____

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All-State Conduct Expectations and Details

As an approved school trip, all school and organization rules and policies set forth in the student handbook are in effect for the duration of the tour. Remember that at all times you are representing Lafayette High School, the choir, and your directors! Be in the right place at the right time, and always act in the appropriate manner even when you think no one is watching!

A student must cooperate fully with your All-State director as well as with all teachers, regardless of which school he/she represents.

Straying from these rules are grounds for being sent home early and future All-State and Choral trip privileges may be revoked at the discretion of the directors.

DAILY EXPECTATIONS:

1. Review your itinerary and be aware of your responsibilities.
2. Do NOT leave the convention area by yourself. Always be in groups of two or more, even in the convention complex. Ask your chaperones for directions if unsure of where to go.
3. Students MUST go in groups to eat. No exceptions. There are a number of food places in close proximity to the convention center and hotel, including the 4th St Food Court. Chaperones do not have to accompany students to all meals, but students are responsible for notifying your assigned chaperone where you will be. ALWAYS! And, do eat all meals, especially breakfast.
4. Each student is to be in his/her assigned seat on time for all rehearsals and warm-up with your music folder and a pencil. Each student must attend every rehearsal. Students who are tardy or miss rehearsal may not be allowed to participate in the concert.
5. Students are allowed to have cell phones, but must adhere to strict rules regarding their use: You **MAY NOT** use cell phones or allow them to be visible during rehearsals. They will be confiscated by conference personnel or Mr. Marsh. **DO NOT TEXT MESSAGE** during rehearsal. If your phone is taken by an All-State room chair or director, your phone will be turned in to the LHS office on Monday following All-State. This is a significant All-State infraction and embarrassment to Lafayette. Do not let it happen! Cell phones may be used **only** during long meal breaks, not during short water or restroom breaks. You may not leave a rehearsal for use of the phone. (Parents should call the head chaperone in event of emergency at home, and she/he will locate the student quickly.)
6. The directors are involved in workshops and meetings throughout the event and will not be around during the day. Please notify the head chaperone if problems arise, and he/she can reach the directors quickly. If you feel ill, tell your chaperones immediately.
7. Announcements for the day will be given at 8:15am or 8:30am on your floor, and you must be present.
8. Curfew at 11:00pm will be strictly enforced, and students caught outside their room after curfew will be sent home. Students should abide by lights-out times – and not remain awake playing games or talking. Hotel Security patrols the floors all night and will notify directors if students are out.

HOTEL INSTRUCTIONS

1. Read the instructions in your room concerning an emergency escape.
2. Room telephones are only to call room-to-room. If you need an adult at night for any reason, call their room. DO NOT leave your room after curfew without an adult.
3. Keep your room locked. Keep track of the key cards.
4. Do not order food for delivery to your room—Eat at meal time!

5. The Hyatt may expel guests who throw items from a balcony, dangle items or body parts from a balcony, yell from a balcony, joy-ride in the elevators, etc. Be on your best behavior!
6. Keep your room picked up. Trash should be in the garbage cans, dirty towels under the bathroom counter, and your belongings should be “together”. Before leaving on Friday, you must have your room inspected by a chaperone.
7. Chaperones will check rooms to make sure **only** Lafayette All-State students are in hotel rooms. There are to be absolutely no outside guests or students from other schools at any time.

CHECK-OUT PROCEDURES:

Students must check-out with a chaperone before leaving with the adult designated on the “Return Travel” form. Before the concert, chaperones can be found on your floor for room inspection and check-out. After the concert, chaperones will be on your floor for room inspection, **and the Head Chaperone will be in the lobby of the Hyatt to see your adult in person for you to leave.** Find the chaperones! The head chaperone will communicate with the director the status of student checkout.

WHAT TO PACK & DRESS CODE

1. Money for meals – only 1 meal is provided. Option – bring breakfast foods (muffins, bars, juice boxes) and snacks - hotel machines are expensive.
2. Toiletries and medications. All medications **MUST** be given to the designated chaperone prior to leaving town, so do not pack them in your luggage. Prescription medications must be in a Rx labeled bottle with your name and directions on it. We will have over-the-counter products (Tylenol, Aspirin, Ibuprofen, etc.) in our first aid kits. We must follow FCPS rules regarding medications.
3. Your All-state music in a black binder.
4. Bring Performance Attire in garment bag. Students are not allowed to perform on-stage without the required attire. Girls – Your choir dress meets the requirement for a long (ankle-length) solid black dress. A two-piece black skirt and black top are acceptable. Black dress shoes and black hose. (no sleeveless dresses or tops, no “prom” dresses, spaghetti strap or off-the-shoulder dresses, plunging necklines or slacks will be allowed on stage the night of the concert). Guys – Black dress slacks, long-sleeve white dress shirt, long tie, dark dress shoes, dark socks (no jackets, tuxedos, or vests)
5. We want you to be comfortable, however we must always represent our school and program well. No ragged jeans, clothing, etc. Wear appropriate shirts. Be presentable
6. Appropriate rehearsal/sleeping attire. Please use discretion in your choice of clothing.
7. Warm clothing/layers. You may need to walk outdoors for meals.
8. Cell phone/camera
9. Hotel rooms often have a hair dryer—share!

WHAT *NOT* TO PACK*

1. ****Prohibited items according to FCPS code of conduct. This includes items that could be weapons, prohibited chemicals, alcohol, tobacco, etc.**
 2. Prohibited rated videos.
 3. Video Game systems are prohibited on some tours. (TBA)
- *Luggage checks will be a part of all tours. Chaperones will inspect each student's luggage prior to departure of a trip.
- **Drug and Alcohol Screens - These tests are carried by directors on all trips. Suspect students will be required to submit to a test.**

INCLEMENT WEATHER: In the event that school is canceled on Wednesday, we will try to get special permission from the superintendent to travel, weather permitting, and we would hope to have a decision by 10:00 am. Parents may have to drive students to Louisville, hopefully carpooling. So, be prepared to check with each other about whose parents are available to drive, and have a ride if school is canceled. We would meet at school at 1:30 and leave at 2:00 when all roads should be clear. *****Please check the Chorus website and Facebook for announcements regarding All-State. We will also send emails & tweets.**